

INTERNATIONAL NURSES WEEK REPORT 2026

REPORT

Every year nurses week is celebrated worldwide to recognise the vital role nurses play in healthcare and to appreciate them. It is a time to celebrate the heart and soul of healthcare – the nurses who provide compassionate care, dedication, and expertise every day. This year INW was celebrated by Department of Nursing at GMCH-32 under the dynamic leadership of Nursing Superintendent Ms. Amanvir Kaur. This was celebrated **from 6th to 12th of May 2026 with the theme: ‘our nurses our future: Empowered nurses save lives**. This year’s theme emphasizes moving beyond recognition to ensure nurses have access to advanced training, influence in clinical decision-making, and full scope of practice. This focus sends a clear message that to maximize the full life-saving impact of the nursing workforce, we must empower nurses with safe, fair work environments and full nursing practice, influence, and leadership.

06.05.2026

Inaugural function was organised by College of Nursing & Department of Nursing. Inauguration was done by the Honourable Director Principal Prof. Ravneet Kaur Bedi. The event was graced by the presence of worthy Medical Superintendent Prof. Vishal Guglani as Guest of honour for the event. Other dignitaries present on the event were Prof. Ravinder Kaur, Head Department of Radiodiagnosis, Ms. Amanvir Kaur and Ms. Anita Kumari Nursing Superintendents, Dr. Himani Principal, College of Nursing, all Assistant Nursing Superintendents and Faculty College of Nursing. Celebration started with a floral welcome to honourable Chief Guest Prof. Ravneet Kaur Bedi Director Principal, guest of honour Prof. Vishal Guglani Medical Superintendent and Ms. Amanvir Kaur and Ms. Anita Kumari Nursing Superintendents. It was followed by ethereal Saraswati Vandana and traditional lamp lighting ceremony followed by welcome address and theme elaboration by Dr. Himani, Principal. Chief Guest Prof. Ravneet Kaur Bedi Director Principal GMCH delivered an inspiring address and inspired all present with her encouraging message. She highlighted the remarkable achievement of one Nursing

officer of GMCH-32 Ms. Poonam Verma (Working as Tutor on additional charge) who has been chosen for the prestigious National Florence Nightingale Award this year. The event concluded with the vote of thanks proposed by Dr. Parmees Kaur, Vice-Principal, CON, GMCH.



Simultaneously **Help desk** for general public was setup to guide them and to help them in their various needs in OPD Area Block B from 6th may onwards.



On same day a health talk on organ donation was initiated in OPD Areas.





07.05.2026

The Department of Nursing organized a **Continuing Nursing Education (CNE) programme on “Compassion Fatigue: Recognizing, Preventing, and Managing Emotional Exhaustion in Nursing Professionals.”** The objective of the programme was to enhance awareness among nursing personnel regarding compassion fatigue, its impact on personal well-being and professional performance, and strategies to prevent and manage it effectively. The programme commenced with a welcome address by the Nursing Superintendent Ms. Amanvir Kaur, who welcomed the dignitaries, resource persons, and participants. The Chief Guest Prof. Ravneet Kaur Director Principal emphasized the importance of mental well-being among healthcare professionals and highlighted the need for fostering resilience and self-care in the nursing profession.

Scientific Sessions: The educational sessions covered the following topics:

- Introduction of the topic by Dr. Era Urvashi Domun, Assistant Professor, Dept. of Psychiatry, GMCH-32.
- Personal approach for management of compassion fatigue by Dr. Abhinav Agrawal, Assistant Professor, Dept. of Psychiatry, GMCH-32.
- Sustaining compassion in Healthcare: A Professional approach to Emotional wellbeing by Ms. Poonam Verma, Nursing Officer cum Tutor, GMCH-32

- Creating culture of care: Institutional strategies for staff emotional wellbeing by Dr. Parmees Kaur, Lecturer cum Vice Principal, CON, GMCH-32
- Support matters: A social approach to compassion fatigue by Dr. Natasha Sharma, Tutor, NINE, PGIMER
- Healing the healers: A Psychological care in compassion fatigue by Dr. Archana Sharma Clinical Psychologist, GMCH-32

A total of 105 nursing personnel attended the CNE. Participants actively engaged in the discussions and shared their experiences related to workplace stress and emotional challenges in nursing practice.

A pre & Post test was taken. Mean ($\pm$ SD) score of pre-test was 13.71 which improved to 15.87 post score. By analysing through paired t test, it shows statistical significance as $p < 0.001$. After the session on compassion fatigue the staff requested more such sessions in the future as they found it very insightful and helpful.





08.05.2026 & 09.05.2026

Continuing the tradition of **best ward competition** every year, this year also It was conducted on 08.05.26 & 09.05 26 and it was the centre focus of the activities. Untiring effort of Senior Nursing Officers and their teams made the competition a true test of excellence. Total 19 wards were evaluated thoroughly on a prescribed criteria by the judges from different departments of hospital. Best Ward award is bagged by the male surgical ward c block. Sudha Sharma mam is SNO of MSW-C ward and ANS is madam Dheerja. The rolling trophy will be awarded to the winning team on 15.08.26.

11.05.2026

Atheme-based poetry competition was organized for the first time by nursing department, in which total of 19 nursing officers and senior nursing officer participated. The judges of the event were Prof. Sangeeta from department of pharmacology, Prof. Riti Mehra from department of Obstetrics and Gynaecology and Associate Professor Jasleen Kaur from the department of dermatology. Participant presented their composition aligned with the given theme.

- 1) First prize was bagged by Senior Nursing Officer Ambily Jose
- 2) Second price by Nursing Officer Preet
- 3) Third prize by the nursing officer Jatinder
- 4) Consolation prize was won by nursing officer Keshav

12.05.2026

Valedictory function of INW was organised on 12.05.2026. It was graced by the chief guest Honourable Director Principal Prof. Ravneet Kaur and Guest of Honour Prof. Vishal Guglani Medical Superintendent. Nursing Superintendent Ms. Amanvir Kaur welcomed the gathering and highlighted the theme. She emphasized the critical need of empowering nurses for better patient outcomes. **She further emphasized that the health care leadership must advocate for safe staffing ratios and their wages, with access to counselling and wellness programs.** It was followed by lamp lighting ceremony by the dignitaries and Saraswati Vandana. Theme of the Nursesweek was elaborated by

Nursing Officer Ms. Taruna who emphasized the importance of investment in nursing profession to Empower them. Nursing Officer Veda Kumaripresented a report of the various activities organized during Nurses' Week and also showcased the educational initiatives and professional development programs conducted by the Department of Nursing throughout the year. Medical Superintendent Prof. Vishal Guglani congratulated the nursing cadre on internationalnurses week celebrations. Prof. Ravneet Kaur Director Principal of GMCH addressed the gathering and she appreciated the department's initiative tocontinue educational activities as well as staff health awareness initiatives.

Award ceremony was done to commemorate the organisers of various activities and winners of different competitions held. The function ended with the Vote of thanks by SNO Ms. Ragini Arora.













