

CELEBRATION OF INTERNATIONAL NURSES WEEK 2025

Every year nurses week is celebrated worldwide to recognise the vital role nurses play in healthcare and to appreciate them. It is a time to celebrate the heart and soul of healthcare – the nurses who provide compassionate care, dedication, and expertise every day.

This year INW was celebrated by Department of Nursing at GMCH-32 under the dynamic leadership of Nursing Superintendent Ms. Amanvir Kaur. This was celebrated from 7th to 13th of May 2025 with the theme: 'our nurses our future: Caring for nurses strengthens economies'. This year's theme emphasizes about the importance of nursing profession in strengthening economies and health systems by promoting the well-being of nurses.

On 7th May, Inaugural function was organised by College of Nursing & Department of Nursing. Inauguration was done by the chief guest Honourable Director Principal sir Prof. A K Attri. The event was graced by the presence of worthy Medical Superintendent Prof. G. P. Thami as Guest of honour for the event. Other dignitaries present on the event were Prof. Dasari Harish In charge Academics, Prof. Rajeev Sharma, Head Department of General Surgery, Ms. Amanvir Kaur Nursing Superintendent, Dr. Himani vice Principal, College of Nursing, all Assistant Nursing Superintendents and Faculty College of Nursing.

Celebration started with a traditional gesture of sapling presentation to welcome our honourable Chief Guest Prof. A. K. Attri Director Principal, guest of honour Prof. G. P. Thami Medical Superintendent and Prof. Dasari Harish In charge Academics. It was followed by ethereal Saraswati Vandana and traditional lamp lighting ceremony followed by welcome address by Dr. Himani vice Principal and theme elaboration by Dr. Parmees Kaur.

An awareness talk on organ donation was delivered by Dr. Vipin Koushal, Medical Superintendent, PGIMER, Chandigarh. **Theme based gratitude wall** for the Nurses of GMCH was inaugurated. This initiative was taken for the first time by nursing department to appreciate the incredible work done by the nurses of GMCH. This wall showcased the appreciation messages from the administration. It was given a unique touch by feedback messages given by the patients of different areas of the hospital. It also acknowledged the **national and state award winner nurses** for their unforgettable contribution to patient care in GMCH. Simultaneously Help desk for general public was setup to guide them and to help them in their various needs in OPD Area Block B from 7th may onwards.

Chief Guest Prof. A. K. Attri Director Principal GMCH graced the function with his enlightening words. The events concluded with the vote of thanks proposed by Ms. Amanvir Kaur, Nursing Superintendent, GMCH.







08.05.2025

As nurses play a key role not only in caring the people in their sickness, but also in spreading awareness about the prevention of diseases, various educational activities were planned by nursing department for the staff members as well as the public.

Continuing our endeavour of spreading awareness about breast cancer, an **awareness session on Breast Self-Examination** was organized for the female ministerial staff, for which the resource person was Nursing Officer Poonam Verma. It was attended by around 70 female staff including AC (F&A) mam, section officers, Senior Assistants, Junior assistants, DEOs of various departments and it was highly appreciated by the participants and they demanded for more such awareness sessions for them.

Same day, **health talks** on different topics were also organized in different OPDs by nursing personnel under the guidance of SNO/ANS/Committee members. Which were highly appreciated by authorities. These events were also witnessed by the honourable DP SIR.

Following the theme of nurses week, a **de-stressing event** for nursing staff was organised to take care of their mental health, which included various fun activities and everyone had a good time.







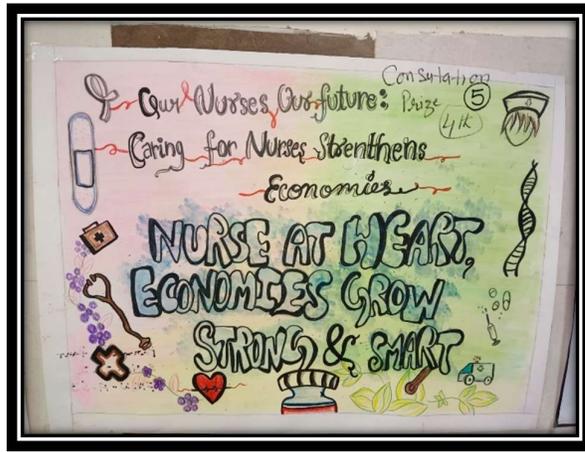
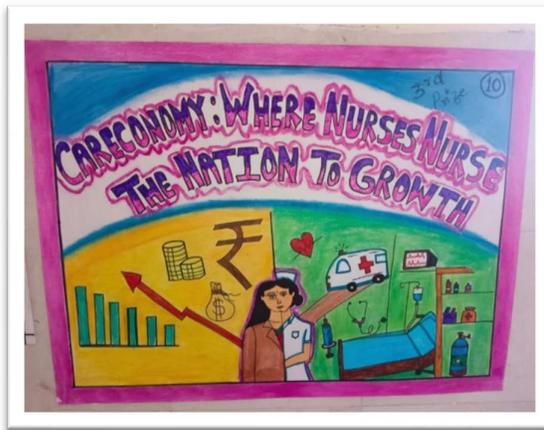
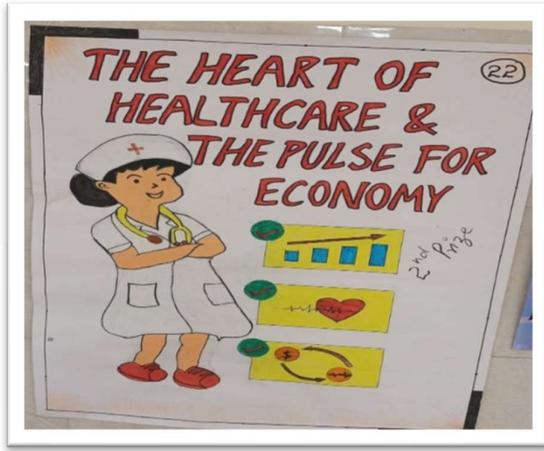
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To showcase the innovation and artistry of nursing personnel theme based slogan and rangoli competitions were organised

In Slogan competition total 33 nursing staff participated. Dr. Varsha Gupta Prof & head Dept of microbiology and Dr.Reeti Mehra Prof. Deptt. of obstetrics & Gynaecology were the judges for the event.

- a) First prize was bagged by N/O Aarti
- b) Second prize by N/O Preet
- c) SNO Kanta Sharma secured the third prize.
- d) consolation prize was won by N/O Paramjit Kaur





In Rangoli competition total 14 teams & 28 nursing staff participated. Dr. Mala Bhalla Prof, Department of dermatology and Dr. Anita Malhotra, Prof. Department of Physiology were the judges for the event.



First prize was bagged by the team of N/O Ambly Jose & Maitri



Second prize was shared by two teams-team of N/O Jatinder & Krishana Kant and team of N/O Priyanka shekhawat & Ankita



Team of Pinky Yadav & Ambika won the third prize.

Best ward competition was held this year also and it was the central focus of the activities on 9th & 10th of May. Tireless efforts and Zeal of SNOs and their teams made the competition a true test of excellence. Total 19 wards were evaluated thoroughly on a prescribed criteria by the Judges from the department of hospital administration, Microbiology & Transfusion medicine. Best ward award is won by Female Ortho Ward- C Block. Babita Sharma mam is SNO of FOW-C ward and ANS is madam Dheerja. The rolling trophy will be awarded to the winning team on 15.08.25.



20.05.2025

Valedictory function of INW was organised on 20.05.2025. It was graced by the chief guest Honourable Director Principle Prof. A. K. Attri and Guest of Honour Prof. G. P. Thami. Nursing Superintendent Ms. Amanvir Kaur welcomed the gathering and highlighted the theme. She emphasized the critical need to prioritize nurses' health and wellbeing to sustain global health system. She further emphasized that the health care leadership must advocate for safe staffing ratios and their wages, with access to counselling and wellness programs.

It was followed by lamp lighting ceremony by the dignitaries and saraswati vandana by Nursing Officer Ms. Parjina. Theme was elaborated by Nursing Officer Ambily Jose who emphasized the importance of investment in nursing profession to boost economy. Nursing Officer Poonam Verma briefed the gathering about the activities of not only of nurses' week but also about the educational activities carried out by Department of nursing throughout the year. She also gave an overview of the breast cancer awareness program initiated by the department. She also reported the findings of ICU acquired bed sore incidence in GMCH as only 2% which is significantly lower than that of international and national incidence. These findings were the result of retrospective analysis of records of ICUs of GMCH by a team led by Nursing Superintendent herself.

Medical Superintendent Dr. G. P. Thami congratulated the nursing cadre on International nurses week celebrations. Dr. A. K. Attri Director Principal of GMCH addressed the gathering and encouraged them to take care of their health too on priority basis. Whether they are male or female nurses, they should go for periodic checkups. He appreciated the department's initiative to

teach Breast Self-Examination to all the female staff. The function was graced by a cultural activity by talented Nursing Officers in the form of a dance which showed the diverse cultures of India. Award ceremony was done to commemorate the organisers of various activities and winners of different competitions held. The function ended with the Vote of thanks by Dr. Himani, Vice-Principal, College of Nursing.







