

Frequently asked questions

Who can donate Blood?

Any healthy person between the ages of 18-60 years can donate blood safely.

How do I donate blood?

You may donate blood at a blood bank or in a blood donation camp. You may visit our blood bank between 9.00 am to 5 pm on any day including Sunday. After a brief medical history, examination and registration you will be taken for blood collection. This is a painless procedure, taking about 10 minutes, performed by trained staff.

Who cannot donate blood?

- Any person who is anemic or on medication should not donate blood
- Females who are pregnant , lactating and menstruating cannot donate blood
- One should not donate within 3 years of jaundice , 3 months to 1 year after surgery and 3 months after malaria

How often can I donate?

You can donate blood after every three months.

How much blood is removed?

We all have about 70 ml blood/kg body weight. During blood donation only 8ml/kg is removed which is approx. 350-450 ml.

Can I acquire infection through blood donation?

Infection cannot be acquired by blood donation. It is a safe procedure and for every donor a new sterile blood collection set is used.