## Tumours of Larynx

#### Benign

#### Malignant

## **Benign Tumours**

#### Non-neoplastic

Neoplastic

## Non - Neoplastic

Solid Vocal Nodule Vocal Polyp Rinke's Oedema Contact Ulcer Intubation Granuloma Leukoplakia Amyloid Tumour Cystic Ductal Cyst Saccular Cyst Laryngocele

Left Vocal Cord Polyp



## Neoplastic

Squamous papilloma
Juvenile
Adult
Chondroma
Haemangioma
Glandular Tumors

## Malignant Lesions of Larynx

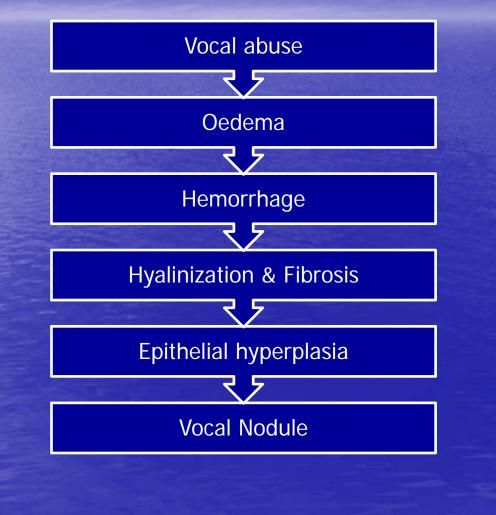
- Squamous cell carcinoma
- Verrucous carcinoma
- Spindle cell carcinoma
- Malignant Glandular tumors
  - AdenocarcinomaAdenoid cystic carcinoma
- Lymphoid tumors
  - Non Hodgkin's tumor
  - Hodgkin's tumor
- Muscular Tumors
  - Rhabdomyosarcoma
- Malignant Neurogenic tumors
  - Paraganglioma

- Vascular tumors
  - Haemangiopericytoma
- Cartilaginous tumors
  - Chondrosarcoma
- Bony tumors
  - Osteosarcoma
- Metastatic tumors
  - Renal
  - Breast
  - Ovary
  - Lungs
- Thyroid carcinoma

## Vocal Nodule

B/L Symmetrically on free edge of cord
Jn of Ant 1/3rd and post 2/3<sup>rd</sup>
Pin head to pea size
Vocal trauma due to unnatural low tones / high intensities.
School going children, hawkers, singers, teachers

## Pathogenesis



Symptoms & Signs – Hoarseness - Vocal Fatigue Pain in neck on prolonged phonation Treatment: – Early cases – Conservative Microlaryngeal surgery - Speech Therapy

#### **Vocal Polyp**

Vocal Abuse / misuse
Allergy & smoking
Age group 30 – 50 yrs
Hoarseness, Dyspnoea, stridor, choking
Soft smooth often pedunculated
May flop up & down with respiration
Treatment by MLS followed by speech therapy





## Reinke's Oedema

Collection of fluid in subepithelial space
Vocal abuse is the cause.
Both cords are affected.
Vocal cord stripping, one cord at atime.
Speech therapy

## Leukoplakia

Whitish patch or warty growth
Premalihnant condition
Hoarseness
Stripping of cords and biopsy.
Repeat till biopsy is negative.

## Laryngocele

- Air filled cystic swelling due to dilatation of saccule.
- Types: Internal, External, Mixed
- Cause: Raised transglottic pressure
- Hoarseness, cough, airway obstruction
  - Reducible swelling in neck, T cough & valsalva
  - Diagnosis : Laryngoscopy, X-ray STN\_ Ap & Lat. With valsalva, CT scan
- Treatment: External- Excision, Internal marsupialisation
- In adults exclude carcinoma

## Squamous Papilloma

#### Juvenile & Adult

#### Juvenile:

- Viral in origin, Multiple
- Infants & young children presenting with hoarseness & stridor
- TC,FC & epiglottis common sites
- Appear as glistening white irregular growths, pedunculated or sessile, friable and bleed easily
- Endoscopic removal, cupped forceps, Cautry, Co2 Laser
- Known to recur after multiple surgeries
- Tend to disappear after puberty
- Interferon
- Adult-onset papilloma
  - Single, smaller, less aggressive, arises from Ant. 1/2 of cord
  - Common in males 30 -50 yrs
  - Treatment is surgical removal. Generally no recurrences

## Carcinoma Larynx

- Occurs in every country in the world
- 2.3% of all malignant male tumors & 0.4% of female
  - 1.3% of all cancer diagnosis & 0.83 cancer deaths (National Institute of Cancer)
- Disease of elderly 6<sup>th</sup>-7<sup>th</sup> decade, reports of cases <20 yrs are also available</li>

## **RISK FACTORS**

Tobacco
Alcohol
Radiation exposure
Laryngeal keratosis
Laryngeal papilloma
Industrial Exposure

# Tobacco

#### Rare in non smokers

- Cigarette smoking is principle risk factor
- Strong correlation between tobacco and laryngeal cancer
- Causative factor for all cancers in all parts
  Combination of alcohol & smoking increases the risk of supra glottic tumors.
- Effect synergistic rather than additive
- Risk is 50 times higher as compared to smoking alone

## Radiations



Low dose radiation has been identified

Affects usually soft tissues or superficial glandular structures
 laryngeal tumors are also reported

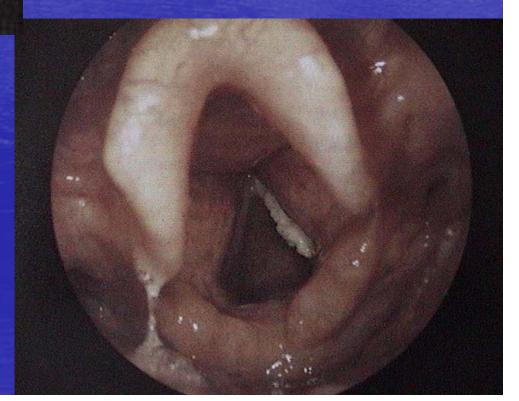
## Laryngeal Papilloma

# Very rare in de novo RT given as Rx of papilloma



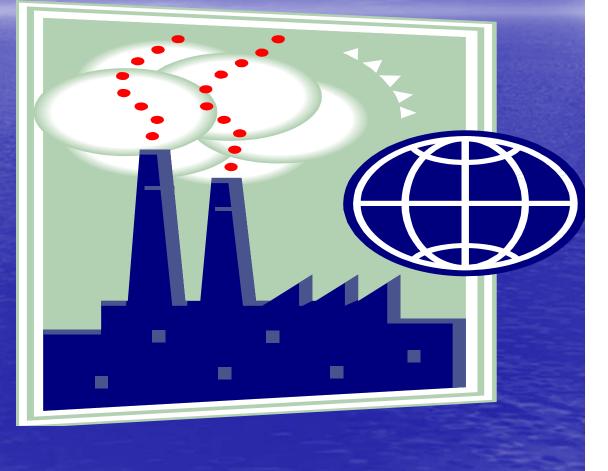
# Keratosis is followed by malignancy in 3.3%

## Laryngeal Keratosis



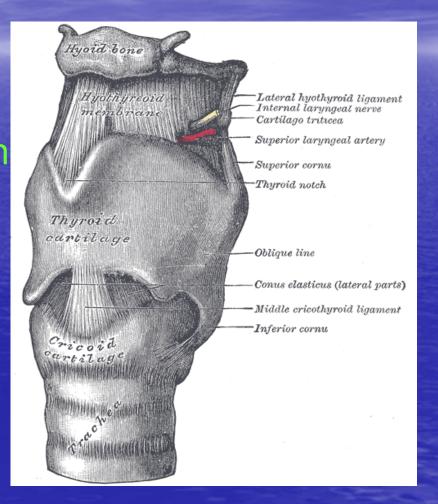
## **INDUSTRIAL EXPOSURE**

SMOKE
TOXIC FUMES
CHEMICAL



## **CLINICOPATHOLOGICAL FACTORS**

Lies in front of the H pharynx • 3<sup>rd</sup> to 6<sup>th</sup> cervical vertebra Higher, smaller and pliable in After puberty male larynx rapidly Lined by respiratory -epithelium Has 3 paired & 3 unpaired cartilages Extrinsic & intrinsic muscles help in movements of the joints



#### **CLINICOPATHOLOGICAL FACTORS**

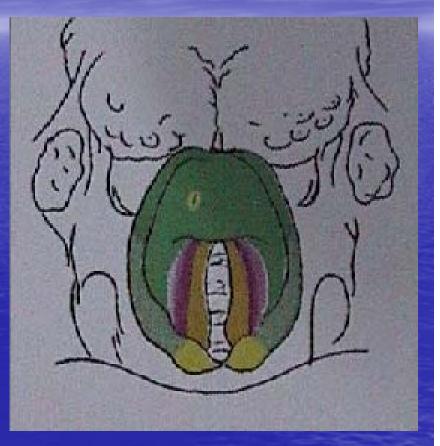
#### LARYNX

- Sup.- Tip & lateral border of epiglottis
- Inf. Inf. Margin of cricoid cartilage
- Ant. Lingual surface of epiglottis, TH memb, Thyroid cart., CT memb., cricoid cartilage
  - Post AE folds, Arytenoid cart., Inter arytenoid mucosa & mucosa over cricoid cartilage
- Three regions: Supra glottis, Glottis & sub glottis



## **Supraglottis**

- Extends from free border of epiglottis superiorly to laryngeal ventricle inferiorly
- Includes:
  - Laryngeal surface of epiglottis
  - AE folds
  - Arytenoids
  - False cords
  - Ventricle

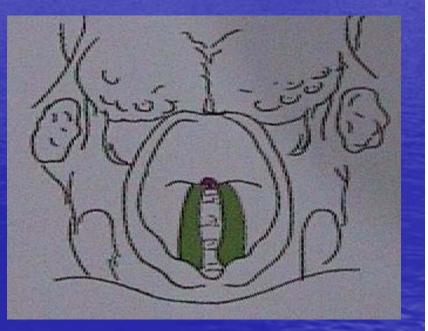


## GLOTTIS

 Extends from lat. Angle of ventricle to 1cm below the cord

Includes:

Ant. Commissure
Post. Commissure
Both True cords



## **SUBGLOTTIS**

 Extends from 1cm below the cord to lower margin of cricoid

## **TNM Staging**

- T Tumor
  - TO No evidence of tumor
  - Tis Carcinoma in situ
    - T1 Tumor confined to the region with normal mobility
    - T2 Tumor extension to adjacent site/sites without fixation
  - T3 Tumor confined to larynx with fixation of cords or evidence of deeper infiltration
  - T4 Tumor with direct extension beyond larynx

## **TNM Staging**

#### contd.

#### N – Node

- NO No evidence of regional lymph node involvement
- N1 Involvement of movable homolateral regional lymph nodes
- N2 Involvement of movable contralateral or bilateral regional lymph nodes
- N3 Fixed regional nodes
- NX The minimum requirements to assess the regional lymph nodes
- M Metastases
  - MO No evidence of distant metastases
  - M1 Evidence of distant metastases

## SYMPTOMS

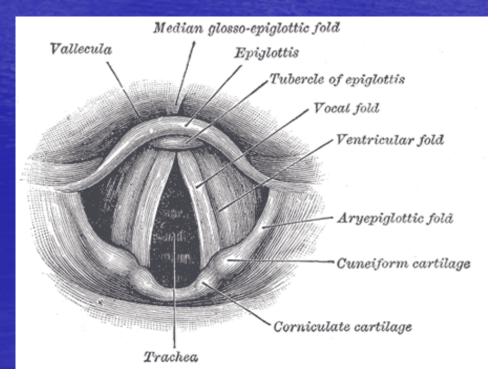
- Progressive & unremitting dysphonia
- Dyspnoea & stridor
- Pain
- Dysphagia
- Swelling
- Cough & irritation
- Anorexia, cachexia or fetor

## **General Examination**

To exclude metastases
 Liver
 Lungs
 Physical status
 Fitness for surgery

## Indirect laryngoscopy Focal abnormality & cord mobility

Warty enlargement
Nodule or thickening
Hyperkeratosis
Ulceration



## **Radiological examination**

X-ray chest
X-ray Soft tissue Neck
Laryngography
CT Scan
USG abdomen





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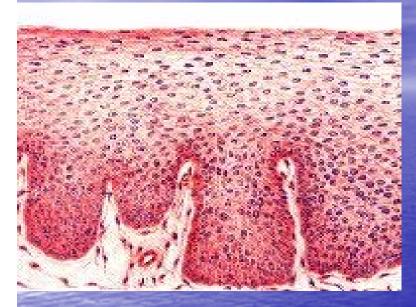
Documentation Biopsy MLS

## Direct Laryngoscopy

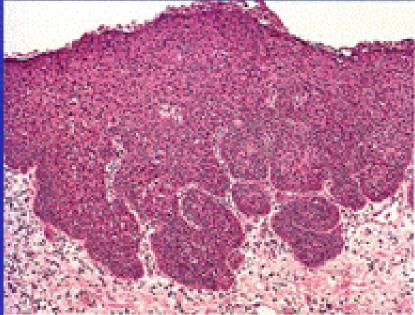


## **MICRO LARYNGOSCOPY**

## Histological examination



Definite diagnosis
Identification of tumor
Differentiation



## **Examination of NECK**

## Supraglottic Tumors

- Less frequent than glottic tumor
- Lesions seen on epiglottis, false cord followed by aryepiglottic folds
- Tend to remain confined above the ventricle
  - Spread facilitated by mucus glands & pits within the cartilage
- Infiltrate the pre epiglottis space, vallecula, base of tongue and glottis
- Involves upper deep cervical nodes

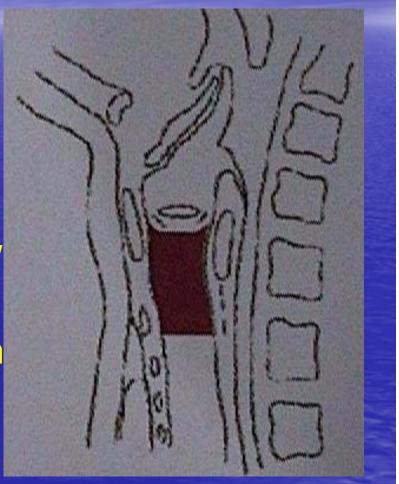
## **Glottic Tumors**



Most common laryngeal tumor (50-75%) Early symptoms Slow growing & well differentiated Well localized & no metastasis Highly curable Can extend to ant. Commissure & post. Commissure, supraglottis & subglottis

## Subglottic tumors

 Primary or Secondary tumors Primary tumors very rare (1-5%) **Clinically silent untill voice** change due mass or immobility High incidence of cord fixation due to thyro arytenoid invasion Nodal invasion very high



### Treatment

- Depends upon the site & stage of the disease
- Broadly T1 & T2 Radiotherapy or surgery T3 & T4 – Combined therapy i.e. Surgery & radiotherapy
   Neck dissection for neck nodes

# Surgery

Conservative Surgery

- Stripping of cords
- Cordectomy
- Horizontal partial laryngectomy
- Supraglottic laryngectomy
- Hemilaryngectomy
- Near total laryngectomy
- Radical Surgery
  - Total Laryngectomy

## Radiotherapy

- Good results in early lesions
- Preserves voice
  T1 & T2 has >90% cure rate
  T3 & T4 not good result
  Side effects : Dryness , skin excoriation, dysphagia, hair loss etc.



## Post laryngectomy speech

 Esophageal speech
 Electronic larynx
 Tracheooesophageal speech

- Blom singer's prosthesis
- Provox prosthesis